



START LIST

Women's 4X400 Metres Relay - Final

RECORDS	RESULT	TEAM		VENUE	DATE
World Record WR	3:15.17	SOVIET UNION	URS	Seoul (KOR)	1 Oct 1988
Championship Record CR	3:19.39	UNITED STATES	USA	Nassau (BAH)	3 May 2015
World Leading WL	3:21.28	GREAT BRITAIN & NI	GBR	Gaborone	2 May 2026

3 May 2026 16:40 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
1	GERMANY	GER	3:20.92	3:25.76
2	NETHERLANDS	NED	3:19.50	3:24.74
3	CZECHIA	CZE	3:23.73	3:25.42
4	NORWAY	NOR	3:22.78	3:22.78
5	CANADA	CAN	3:21.21	3:23.52
6	SPAIN	ESP	3:24.13	3:24.44
7	GREAT BRITAIN & NI	GBR	3:19.72	3:21.28
8	ITALY	ITA	3:23.40	3:24.46

i = Indoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2026
3:15.17	SOVIET UNION (URS)	Seoul (KOR)	1 Oct 88	3:21.28	GREAT BRITAIN & NI (GBR)	Gaborone	2 May
3:15.27	UNITED STATES (USA)	Paris (FRA)	10 Aug 24	3:22.06	ARKANSAS (USA)	Waco, TX (USA)	28 Mar
3:15.92	GERMAN DEMOCRATIC REPUBLIC (GDR)	Erfurt (GER)	3 Jun 84	3:22.78	NORWAY (NOR)	Gaborone	2 May
3:17.96	ARKANSAS (INT)	Eugene, OR (USA)	8 Jun 24	3:23.52	CANADA (CAN)	Gaborone	2 May
3:18.38	RUSSIA (RUS)	Stuttgart (GER)	22 Aug 93	3:24.44	SPAIN (ESP)	Gaborone	2 May
3:18.71	JAMAICA (JAM)	Daegu (KOR)	3 Sep 11	3:24.46	ITALY (ITA)	Gaborone	2 May
3:19.50	NETHERLANDS (NED)	Paris (FRA)	10 Aug 24	3:24.74	NETHERLANDS (NED)	Gaborone	2 May
3:19.72	GREAT BRITAIN & NI (GBR)	Paris (FRA)	10 Aug 24	3:25.42	CZECHIA (CZE)	Gaborone	2 May
3:19.90	IRELAND (IRL)	Paris (FRA)	10 Aug 24	3:25.76	GERMANY (GER)	Gaborone	2 May
3:20.20	UNIFIED TEAM (EUN)	Barcelona (ESP)	8 Aug 92	3:26.17	POLAND (POL)	Torun (POL) i	22 Mar